

Guest Information Guide



186 Beach Road ~ Post Office Box 756
East Orleans MA 02643

508-255-1312 ~ Fax 508-240-1351

www.shipskneesinn.com ~ info@shipskneesinn.com

To Our Guests

We thank you for choosing the Ship's Knees Inn for your vacation get-away destination.

Our goal is a simple one, to welcome you into our home and share with you the transformational quality of this special seaside town. You will find rooms that personify coastal charm, are simply appointed, and offer warmth and comfort. At your doorstep lies the opportunity for relaxation, or boundless activity. We welcome you to tailor the Cape Cod experience to your particular needs and desires and hope that the sea air provides you with a restful sleep and awakens you with new found energy.

Our desire is that your experience at the Ship's Knees Inn will create for you lasting memories and that you will come again and again to share your vacations... to breath deeply, relax, laugh, sleep, revel, live, revive and love. As we strive to enhance your experience, we invite our guests to share with us suggestions for enhancing your comfort.

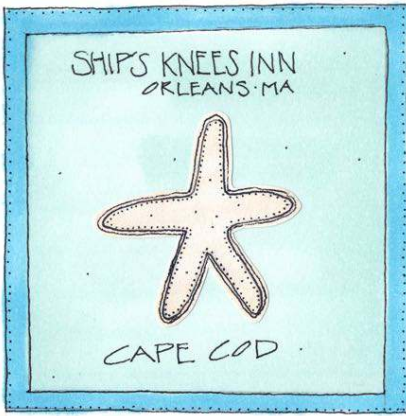
We are honored that you have selected the Ship's Knees Inn among the many Cape Cod destinations available to you and we are intent on creating a joyful and memorable experience for all of you.

Sincerely,

Peter & Denise

Peter and Denise Butcher
Owners/Innkeepers

About This Guide



This guide began as an abbreviated directory to assist our guests in learning more about the Inn and the sights and sounds of this truly wonderful area. However, we quickly realized that our selections warranted more information and the outcome is a directory that provides our guests with some insight into our personal

favorites, as well as providing an overview for food, shopping and activities.

With much appreciation to both Jackie Falla and Lisa Benson for their efforts in the creation of this directory. Jackie, a Cape Cod native, whose marvelous artwork and writing talents provide a perceptive look and feel, and to Lisa, a Wellfleet resident since 1989, whose graphic design talents brought our collective efforts together.

In this edition we decided to add Quick Response Codes (QR) for all businesses listed that have either a web site or a Facebook page. For those of you who are not familiar with QR Codes, with a Smart Phone and a Scan App you can be directed to a business' web page in a few seconds. If you do not have a Scan App downloaded to your Smart Phone, we suggest ScanLife, a free app. Just go to the App Store, search for ScanLife and download. Then you can scan any of the QR Codes in this book and see the details on the business.

Enjoy!

Peter & Denise Butcher
Owners/Innkeepers
July 2017

Table of Contents

★	History of the Ship's Knees Inn	Page 1
★	Captain, 1 st Mate and Crew	Page 4
★	Frequently Asked Questions	Page 5
★	Dining	Page 6
★	Ice Cream	Page 20
★	Shopping	Page 21
★	Book Stores	Page 28
★	Activities	Page 29
★	Golf	Page 36
★	Seasonal Happenings	Page 38
★	Shipboard Information and Amenities	Page 41
★	Places of Worship	Page 44

History of the Ship's Knees Inn

Historically, this early 19th century home was known as “The Freeman Snow House” named for its owner, the youngest son of Captain Edmund



and Mary Eldridge Snow. Born in 1838, Freeman worked as a surfman at the Orleans Life Saving Station during the earlier part of his life and later as a farmer, taking in boarders during the summer months as was the custom of the time. Snow wed a woman named Sarah F. Taylor. When he passed away the property was willed to his heirs who sold it in 1911 to Josiah F. Prescott. The house then had six other owners prior to the property being

purchased in 1970 by Peter's father William Butcher from Clarence Doughty, who at the time was running the property as The Ship's Knees Inn Rooming House.

William Butcher, Peter's father, was responsible for the expansion and conversion of the main house and barn (now the North Wing) from boarding house with men's and woman's "houses" to an inn serving weekend and summer vacationers. William depended on site innkeepers to manage the property and when he passed away in 1984, he left the inn to his 2 children, Peter and Donna. Donna managed the inn with the assistance of on-site innkeepers until 2004 when talk of selling the property prompted Peter and Denise to make a life changing decision to leave the life they knew in Connecticut, purchase the inn from his sister and live in and operate it together.



Architecturally the house is a one and one-half story Cape Cod style, wood shingle and clapboard building that sits within the context of a residential neighborhood. The building's portions and massing are in keeping with the scale of the homes on the abutting properties.

The conversion of an old barn and associated addition for transition from boarding house to inn took place in the early 1970s. Its simple detailing is typical of houses of that era built in Orleans and other parts of the Cape.

History of the Ship's Knees Inn, continued



The inn was comprised of 20 rooms as recently as 2003 with most sharing bathrooms. Today, the inn consists of 16 rooms (14 with private baths), a 1 or 2 bedroom apartment and a large suite. Peter and Denise have continued to make major improvements to the Inn's interior and exterior annually including:

2004: A renovation of the main inn and north wing rooms that included the addition of private baths to 6 rooms that reduced the total number of rooms from 20 to 16.

2005: New Title V Septic System for the entire property that replaced four different "cesspools". Installation of the front lawn garden adjacent to driveway entrance.

2006: total renovation of bathroom for room 16, installation of rose garden on west side of property.

2007: tile renovations for bathrooms in rooms 1-4 and 6, new fence and plantings surrounding pool and installation of a garden surrounding the flagpole.

2008: Renovation of the apartment for guest use, installation of natural gas heating system for 1971 addition.

2009: Construction of the "courtyard garden patio" with fire pit, installation of 22 new windows for main inn and 1971 addition to inn, new architectural roof for 1971 addition.

2010: Total renovation and construction of the newest accommodation, the Nauset Suite.

2011: Installation of 6 new windows to main inn, new cedar roof for the 1820 main inn.

2012: Total renovation and enlargement of room 9 bathroom, new shower balance valves for rooms 1-4.

History of the Ship's Knees Inn, continued



2013: New architectural roof 1971 addition (South face), new hot water heater (main Inn), new commercial washer (laundry area), bathroom faucet fixture replacement for rooms 5, 8, 10 and 11.

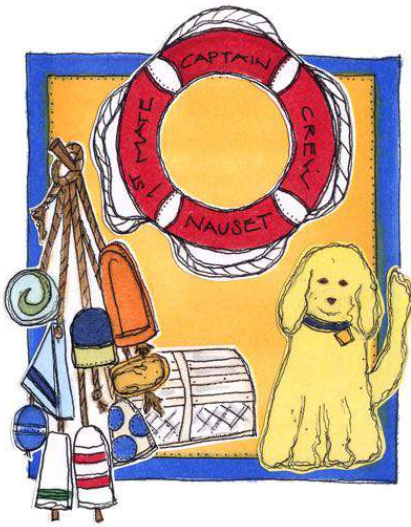
2014: New architectural roof to North Wing (North face), new triple window unit for North Wing courtyard, new bulkhead office basement, complete landscape renovation to garden bordering office parking area, new stove in the breakfast kitchen.

2015: Complete renovations to Inn bathrooms 1 and 3, new Anderson 400 series windows to rooms 3, 15 and 16, new 2nd commercial washer (laundry area), new carpet for ocean view apartment, replaced carpet in rooms 1 and 2 with maple floors, new refrigerator in breakfast kitchen, and new Adirondack chairs surrounding fire pit. Complete removal of brick and timber parking area steps replaced with poured concrete steps.

2016: Complete renovations to Inn bathrooms 2 and 4, partial renovation to ocean view apartment bathroom, new windows to breakfast room (East side), new floors in rooms 15 and 16, two new hot water heaters for North Wing, exterior trim replacement to breakfast room and main Inn bordering the courtyard area, new dishwasher for breakfast kitchen.

2017: New sidewall cedar shingles to the complete East faces of both the 1820 main Inn and 1971 office area. New breakfast kitchen freezer and new dishwasher for the guest apartment. New outdoor tables and umbrellas and new breakfast room tables and chairs. Assorted exterior trim replacement to needed areas of the North Wing. New black iron railing for parking area steps.

Captain, 1st Mate and Crew



The Ship's Knees Inn was purchased by Peter Butcher's father in 1970 as an investment opportunity. The owner of a distribution company in Hartford, Connecticut and an antique store in Orleans, known to those that visited its quiet seaside location as The Butcher Block, William saw in the Inn both a chance to make some money and to provide his new wife with an outlet to apply her creative talents. Run as a boarding house until 1970 when portions of the main house and barn were renovated and converted for use as a full service Inn,

the story of the Ship's Knees Inn was about to begin.

In the summer of 1972 a young Denise arrived in Orleans to nurse a broken heart and found her self boarding at the Inn and working as a clerk in William's antique store. Peter was engaged in learning the ropes in the family business – Eckart & Finard, Inc. A young man himself, he took every opportunity to steal away with his friends and escape to the Cape. Peter and Denise met there that summer and began dating the following year. Cape Cod's rugged beauty, with its sweeping landscapes, rolling dunes, sunsets that appear painted across the sky in wild abandon, and blue green water serve as the perfect backdrop for... Love. And fall they did. Perhaps because of the Cape's hypnotic effect or the blissful happiness they found in one another's company, Orleans, the beach and the National Seashore had a magnetic pull that brought them back year after year.

Today, Peter and Denise have 4 beautiful children and 2 grandchildren. Jared, the eldest, is employed as a Sales Rep at Mercer Health Benefits and lives in Princeton, NJ with his daughter Addison and son Tyler. Middle son Curt lives in Boston and is employed as the General Manager of the Porter Square Hotel. Youngest son Brad lives in Avon, CT and is employed at Electrical Wholesalers, Inc. Youngest of the four, daughter Brie, lives in Newton, MA and is employed as a full-time nanny.

Frequently Asked Questions

What is the origin of the Inn's name?

The name comes from a man made bracket, which either naturally possesses an angular shape or is fashioned from a block of wood to a bracket shape. Ship's Knees were used in the construction of wooden vessels to fasten and strengthen the intersections of the timbers and to connect deck beams to the frames of wooden ships. Some of the Inn's rooms feature genuine ship's knees.

Where is Nauset Beach and what makes it so special?

Nauset Beach is just a short 5 minute walk down beach road from the Inn. Nauset Beach has captured the hearts and imaginations of generations. Sitting at the foot of the Cape Cod National Seashore, the pristine water of the Atlantic Ocean offers so much to so many. A surfers paradise, Nauset is one of the few Cape Cod destinations that offers great waves on a regular basis. Though typically a bit colder

than the Sound or the Bay, beachgoers are generally undeterred by the cooler temperatures and the water is teeming with children squealing in delight, teenagers engaged in a host of water sports and adults indulging in a reprieve from the warm summer sun.



Whether you are swimming, surfing, walking or enjoying the exquisite onion rings at Liam's, Nauset Beach offers breathtaking views any time of the year.

Why does Route 28 go South while the sign says North?

Oh, don't worry about it... you're on vacation!

Why do people say they are going "down to Provincetown"?

Cape Cod is shaped roughly like the arm of someone flexing a bicep. It is divided into four regions from west to east or from the "shoulder" to the "hand": the Upper Cape, the Mid Cape, the Lower Cape and the Outer Cape. Each region is made up of towns and most towns include several villages. Provincetown is "down the arm". We also say "down to Boston". Go figure...

Dining



On the following pages you will find dining selections from A to Z - literally! (Abba to Zia)

For each establishment we have listed what they offer, be it donuts and pastries, breakfast, lunch, dinner, pizza, dessert, coffee, bagels, or something else. The restaurants are listed in alphabetical order, and we can honestly say we have eaten in all of them at one time or another!

ABBA

89 Old Colony Way, Orleans, MA 02653

☎: (508) 255-8144 ~ www.abbarestaurant.com

Dinner - Reservations Required



Pan-Mediterranean Cuisine. If you are at all like us you're asking what exactly does that mean? Its influence is derived from Israeli Chef Owner Erez Pahas' roots and is a combination of the fresh flavors of the Mediterranean and Thai delicacies. Both the dining room and the terrace have their own unique ambiance, which are pleasing in their own right. The lobster pad Thai deserves your rapt attention. Other dishes will please the seafood lover, you carnivorous sorts, and those with a hankering for Thai, that's Pan Mediterranean to you. To enjoy, we recommend you make your reservation the very second you arrive at the Ship's Knees – it's that popular and seating is limited.

Ames Pizzeria

180 Route 6A, Hilltop Plaza, Orleans, MA 02653

☎: (508) 255-7160 ~ www.facebook.com/amespizzeria

Lunch and Dinner



While the restaurant is casual, the New York style thin crust pizza is upscale. Traditional red sauce or white pizzas are layered with the freshest ingredients atop delicious whole wheat thin crust. Create your own pizza or calzone or select one of the signature offerings. Yummy subs and sandwiches from the traditional Italian and meatball subs to veggie.

Bangkok Cuisine

46 Route 6A, Orleans, MA 02653

☎: (508) 255-3301

Lunch and Dinner - Also Serving Sushi

Our head housekeeper, Panthip, a native of Thailand, loves the authentic Thai cuisine prepared here. Enough said! For sushi lovers we also think the wide variety of combinations are the best in this area of the Cape.

Beacon Room

23 West Road

Orleans, MA 02653

☎: (508) 255-2211 ~ www.beaconroom.com

Lunch and Dinner



Recently expanded this French Infusion inspired restaurant features much of what makes the Cape great “fresh seafood”. Lunchtime is as good as dinner and features noteworthy salads including one of our personal favorites, gorgonzola walnut and sun-dried cranberry salad, and the warm spinach and chicken salad – unbelievably good. When the sun goes down try sesame encrusted salmon and please leave room for the fallen chocolate soufflé with raspberry coulee. One final word on food if you are a pasta lover and you’ve entered the great race of activity that the Cape provides, fuel up with Beacon Room Specialty pasta dish, prosciutto, peas tossed with linguini in a gorgonzola cream sauce. You’ll be ready to do it all again tomorrow.

Bonatt’s Bakery & Restaurant

537 Main Street/Route 28, Harwich Port, MA 02646

☎: (508) 432-7199 ~ www.bonattsbakeryrestaurant.com



This is no time to count calories, hop in your car and head over to the Sound side for a truly blissful delight ... a Meltaway. This mouthwatering pastry is worth every last calorie, and though I don’t have a count I can assure it is packed full. But some things are just worth the long line, and the extra calorie for the lasting memory of something great. You may just find you expend a considerable amount of energy dreaming and scheming about how and when you’ll have your next. Oh, and Bonatt’s also serves a full breakfast to go with your Meltaway.

BNI

5 Beach Road, Orleans, MA 02643

☎: (508) 255-0212 ~ www.barleyneck.com

Live Music Selected Evenings

Dinner - Reservations of six or more accepted



Posh fare with four laid back yet elegant and romantic rooms and a pub in a historic sea captain's house. Wine Spectator award-winning wine list. The four intimate dining rooms are housed in the 1868 Sea Captain's home. The original attached barn houses the casual dining and entertainment spot, The BNI's Beach Road Bar & Grille. The BNI renowned for their selection of top shelf cocktails and value priced wines.

The Captain Linnell House

137 Skaket Beach Road, Orleans, MA 02653

☎: (508) 255-3400 ~ www.linnell.com

Dinner - Reservations Required



Elegance incarnate. This circa, 1840's Sea Captain's house was named for its original owner, Captain Eben Linnell who was famous for both his seafaring prowess as well as for his nautical inventions. Linnell married and built a modest, Cape Cod style home on the site for his wife, but after a visit to Marseille, he fell in love with a French Neo-classic Villa. Upon his return he tore down his house and erected the mansion that stands on the site today in the Villa's likeness. The exterior façade portends the culinary wonders that await inside. Beautifully appointed tables, accented with nearly perfect roses cut from their gardens and lit by the soft light of candles makes this restaurant worthy of its accolade, "Most Romantic Restaurant" since 1995.

All the dishes offered up by Chef Owner Bill Conway render something special but favorites include chilled oysters paired with the perfect glass of champagne, bourbon lobster bisque, duckling with glazes that compliment the season, and an array of the finest seafood dishes infused with flavor, prepared to perfection. Let me say this once and for all – The Captain Linnell House DOES NOT disappoint – EVER. Oh, and we think it's kind of cool that Matt Damon was in a wedding there.

Cobie's Cape Cod Clam Shack and Restaurant

3260 Main Street

Route 6A, Brewster, MA 02631

☎: (508) 896-7021 ~ www.cobies.com



A roadside stand, doesn't every vacation destination that thrives on tourism have one. We think this is a particularly good one. Foot long hotdogs, tuna salad rolls in hotdog buns (with red-pepper relish if you so desire – we do), fried whole bellied clams, scallops, shrimp and fish, lobster salad rolls, burgers, fries and onion rings. This little stand even has a healthier side menu – and it's good. Great condiments that the yellow jackets seem to love us much as we do, particularly in August. Plenty of outdoor seating is available. Are you thinking – what about the ice cream? They've got that too. More to follow. As one of the best things ever invented – those French are crafty, Ice cream is deserving of its own separate category.

Corner Store

54 Main Street, Orleans, MA 02653

☎: (508) 255-5454 ~ www.freshfastfun.com

Open Daily 6:30am-6:30pm



FRESH. FAST. FUN.

This is not your average store. From the outside it may look like a typical quaint Cape Cod corner store, but just wait until you step inside. It's a great place to eat. A place where people get together and that's just the beginning. We strive to make the best burritos, panini, sandwiches, soups, cookies and whoopie pies on the planet, while still having lots of fun.

The Corner Store opened more than 11 years ago and they have been busy. You can now visit them in two locations: Chatham and Orleans. "Come by... we know you're hungry."



Guapos Tortilla Shack

Orleans Marketplace 136 Route 6A , Orleans, MA 02653

☎: (508) 255-3338 ~ www.guaposcapecod.com

Lunch and Dinner



Ay Caramba!! Old Mexico has arrived in Orleans with the opening in late 2012. Not new to the area, Guapos also has a location in Brewster, they feature a variety of tasty Mexican fare in a relaxed, casual setting that includes a nice size bar area with large flat screen TVs.

Hole In One Coffee & Donut Shop, Breakfast and Lunch

98 Route 6A, Orleans, MA 02653

☎: (508) 255-3740 ~ theholecapecod.com

Breakfast and Lunch



Umm, hand-cut donuts and homemade muffins. Casual, kid-friendly, sit at the breakfast bar or at a table. The Hole In One will serve you in an efficient, friendly fashion, and send you on your way ready for a day, filled with whatever you can dream up. In addition to the special attention they give their bakery products your coffee cup will never be empty.

Homeport Restaurant

7 Brewster Cross Road, Orleans, MA 02653

☎: (508) 255-4069 ~ www.homeportrestaurant.com

Breakfast and Lunch



For the past 45 years, the Homeport has been serving creative and satisfying Cape favorites to locals and visitors alike. A cozy spot for great food and friendship all year 'round, we're located across from the Post Office at 55 Main Street in Orleans, Massachusetts.

Enjoy an award-winning breakfast or lunch from their extensive menu, with selections ranging from lobster benedict to biscuits and gravy. Homemade soups and clam chowder are always available and always delicious.

The Homeport advertises that “We are indeed much more than what we eat, but what we eat can nevertheless help us be much more than what we are.” Adelle Davis. Breakfast from 5:30am for you early birds. Mosey on down and see if it's true, can a breakfast really change your life?

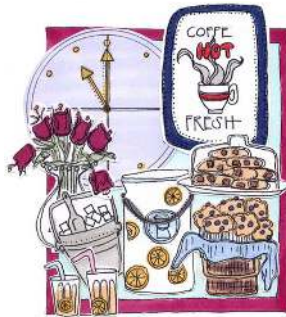
The Hot Chocolate Sparrow

5 Old Colony Way, Orleans, MA 02653

☎: (508) 240-2230 ~ www.hotchocolatesparrow.com



Filled with everything chocolate from hot and cold drinks, homemade chocolate truffles that are equally good as a gift or an indulgence, fudge, and traditional chocolate confections. If you have a mind to maintain your appetite for dinner, they do serve paninis, bagels, soups and salads. In addition to their hot and cold chocolate drinks they have a wonderful selection of coffee's (minimum of six flavors daily), espresso, cappuccino and more. In-door and out-door seating available. A nice spot for those in-between hours, the Hot Chocolate Sparrow also features really great ice cream. Between the rich, blended drinks, chocolate truffle's, fudge, and ice cream, one without restraint is in real danger of going into sugar shock. Pace yourself.



Hunan Gourmet III

225 Cranberry Highway, Orleans, MA 02653

☎: (508) 240-0888 ~ www.hunanorleans.com

Lunch and Dinner



Reservations are not necessary at this truly gourmet Chinese food joint, but if you don't want to wait at the All You Can Eat Buffet Bar get there when it opens at 5pm. Legendary for the seemingly endless expanse of: garlic noodles, sesame chicken, chicken with black bean sauce, lo mein, scallop medley, spare ribs, dumplings, egg rolls, fried rice, steamed rice, rice noodles, sauces, cookies, and jell-o. You heard me, endless. So if you can't look another lobster in the eye with a straight face give the Hunan a try. I can't promise the shrimp won't stare back. If eating in isn't your bag, they have take-out and are open year round.

Jailhouse Tavern and Hog Island Beer Company

28 West Road, Orleans, MA 02653

☎: (508) 255-5245

jailhousetavern.com / www.hogislandbeerco.com



At the Old Jailhouse Tavern in Orleans, once used as the town lockup, we offer you everything from fine dining to fun for the whole family. We welcome you to experience the best that Cape Cod has to offer in both Service and Style. We offer creative menu selections for lunch, dinner and late night fare - all in a casual, comfortable atmosphere.

Hog Island, located on Little Pleasant Bay in Orleans overlooks our famed Nauset Beach and the dune shacks that dot her coastline. It's rumored that Captain Kidd buried treasure on the island. Many have attempted to locate it and we feel we found it. Cheers to liquid treasure! Hog Island Beer Company. Built by locals, brewed by locals, enjoyed by locals.

Jo Mama's NY Bagels

125 Cranberry Highway, Orleans, MA 02653

☎: (508) 255-0255 ~ www.jomamascapecod.com

Coffee, Breakfast, Lunch and in Between



Open daily from 6am – 9pm this joint is known first and foremost for its bagels. If you are a New Yorker or a fanatical Seinfeld fan you'll have heard of or had one before. They are the famed H & H bagels with a following that arrive on location for baking. A great bagel deserves to be paired with a rich and robust coffee. Jo Mama's gets theirs from North Hampton, Indigo Coffee Roasters to be precise. It's roasted the night the order is placed and rolls into town in the wee hours the following day. Hard to get fresher than that, and to be organic too, the only thing that could top that would be a full coffee bar. It'll be hard to best Owner's Rich and Christy Bourgea because they've got the coffee bar, organic smoothies to die for and a host of healthy sandwiches to round it all out. Leave room for a Panini Dessert – pressed peanut butter, chocolate, graham cracker and marshmallow... yum.

the knack

5 Route 6A , Orleans, MA 02653

☎: (774) 316-4595 ~ www.theknackcapecod.com

Open daily in season at 11am



Burgers, lobster rolls, clam rolls, hot dogs, onion rings, shakes, ice cream... the Cape's iconic food. The owners created *the knack* with one purpose in mind: to share the food they grew up with, the food that hits the spot after a day at the beach, the food that defines summers on Cape Cod. Everything is made in-house.

Land Ho!

Route 6A and Cove Road, Orleans, MA 02653

☎: (508) 255-5165 ~ www.land-ho.com

Lunch and Dinner



This unassuming local favorite serves a mean stuffed quahog and a worthy clam chowder. Whether you visit for a cold beer and a lite bite after the beach or a down and dirty lunch or dinner, the Land Ho's lively atmosphere will keep you entertained while you wait for a table. The restaurant pays homage to local businesses with the display of their signs hanging from the ceiling and affixed to the walls. Once seated your food arrives quickly, is hot and won't leave you wanting.

Liam's At Nauset Beach

5 Beach Road, Orleans, MA 02643

☎: (508) 255-3474

www.liamsandkates.com

Lunch and Dinner



If you're just coming off the beach or arriving back at the Inn and need a little pick me up, take a walk down to Liam's at Nauset Beach and order up a large basket of onion rings. These scrumptious thinly sliced, floured battered rings, heavily salted and dipped in ketchup will make you feel like a kid again. They don't call it vacation for nothing.

Mahoney's Atlantic Bar & Grill

28 Main Street, Orleans, MA 02653

☎: (508) 255-5505 ~ www.mahoneysatlantic.com

Lunch and Dinner



Mahoney's new American cuisine features fresh local catches in an environment somewhere between up-scale and local haunt. The bar, open from 4pm – close is a spectacular feature, in its great expanse and gleaming mahogany. I am reminded of the famous boat designer L. Francis Herreshoff who among his many talents waxed philosophical about life, boating, and mahogany. He said, "To most people, particularly the ladies, there are two kinds of wood, one is stained red and called mahogany, the other is not stained red and is not called mahogany". Wise old charmer. We assure you the bar at Mahoney's is indeed mahogany and the food is delicious too.



Nauset Beach Club

222 Main Street, Orleans, MA 02653

☎: (508) 255-8547 ~ www.nausetbeachclub.com

Dinner - Reservations Necessary



This Italian eatery is elegant and the food mouth-watering. Its intimate environment provides two dining rooms, set inside a small home, formerly a duck-hunting cottage, and seats just 55 patrons. Northern Italy's high cuisine is served up with a hint of Mediterranean influence. These dishes come alive with the freshest local produce and seafood, and while entrées are a little on the pricey side (\$22 - \$30), they are worth it. Owner Art Duquette aims to please and although reservations are highly recommended he graciously welcomes all and actively works to accommodate you, even on the busiest of evenings.

Nauset Farms

199 Main Street, Orleans, MA 02643

☎: (508) 255-1949 ~ nausetfarms.com

Deli, Fish Market and Butcher Shop



Nauset Farms has all the charm of a roadside vegetable and fruit stand with all the gourmet amenities so many of us can't live without. Homemade pastries, muffins, pies and cakes paired with an impressive selection of coffees make these treats a guilty pleasure morning, noon and night. A nice selection of wine, cheese, crackers and fancy condiments make it easy to enjoy a casual bite before dinner. Fresh produce, cut and potted flowers, a deli, fish market and butcher shop all come together to make this a quaint shopping experience with most everything one could want.

Nauset Grill

56 Main Street, Orleans, MA 02653

☎: (508) 255-424 ~ www.nausetgrill.com

Open for breakfast and lunch year-round; dinner too in the summer.



Matt and Rebecca Barron have made Nauset Grill a must-stop for breakfast sandwiches, fantastic burgers, salads, soups and sides, fish sandwiches and many other sandwich specialties, including a large vegetarian selection. They serve the best old fashioned hand-cut french fries and delicious onion rings too! Proudly serving Organic/Fair Trade Wicked Joe's Coffee... it truly is wicked good!!



PB Boulangerie Bistro

Route 6 and Lecount Hollow Road
Wellfleet, MA 02667

☎: (508) 349-1600 ~ www.pbboulangeriebistro.com

Bakery, Lunch and Dinner

The Bakery is open Wednesday - Sunday, 7:00 a.m. to 7:00 p.m.

Dinner is served Wednesday - Sunday, 5:00 to 9:30 p.m.

Hours in the off-season are different - please check the web site



For a special treat, head down to Wellfleet for a taste of France! Authentic French Bakery and Bistro, PB Boulangerie Bistro is a wonderful addition to the Lower Cape's eclectic restaurant options. A delightful dining experience. Reservations required for dinner.

Rock Harbor Grill

18 Old Colony Way , Orleans, MA 02653

☎: (508) 255-3350 ~ www.rockharborgrillorleans.com

Open daily year-round for dinner from 4:30pm



Rock Harbor Grill opened in 2013 at the previous location of Capt'n Elmer's Seafood Restaurant. Rock Harbor Grill is a popular spot for dinner and drinks. Owners Chuck and Meredith Konner are already well known to local diners because of their association with the award winning Corner Store in Chatham. The all new restaurant will feature fresh local seafood, wood fired pizza, and much more. Come on down!

Sir Cricket Fish & Chips

Route 6A , Orleans, MA 02653

☎: (508) 255-4453 ~ www.nausetfish.com/sir-cricket-fish-n-chips

Open Daily Year-Round for Lunch, Dinner and Take-Out



Try the fish and chips, possibly the best on the Outer Cape, but don't forget to try the other selections: rolls, plates and sides of lobster, crab, oysters and clams, all excellent choices! For a great lobster and other fresh seafood, visit Nauset Fish Market right next door. Pick out some lobsters and ask to have them cooked up at Sir Cricket. They will steam them for you and provide all the fixins. Bring a blanket and head across the street to the Jonathan Young Windmill Park and have your self a lobster bake picnic overlooking Orleans Town Cove. This is the life!

Sunbird Café

85 Route 6A , Orleans, MA 02653

☎: (508) 237-0354 ~ www.birdinthesun.com

Breakfast, Lunch and Dinner



The café is an offshoot of a popular food truck serving locally-sourced American bites, snacks and cocktails. Excellent breakfast sandwiches, fish tacos and burgers. “Sunbird is a café by day, and a lounge by night. We serve up seasonally inspired food and fodder that doesn't taste like worms.”

Viv's Kitchen

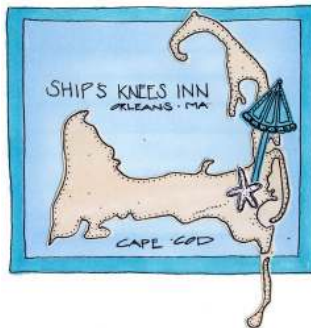
Orleans Marketplace, 130 Route 6A, Orleans, MA 02653

☎: (508) 255-3354 ~ www.vivskitchencc.com

Breakfast, Lunch and Prepared Food To Go



Viv's is the hot new spot in Orleans and offers fresh food, fast and with a flair! They offer a great selection of breakfast sandwiches and wraps, fresh juices and smoothies. For lunch, their hot or cold sandwiches and daily Brazilian specials are perfect for eat-in or taking to the beach. Side dishes and salads are available to complement any selection. They boast locally-owned Beanstock coffee and Nitro Cold Brew Coffee on tap. Don't miss the traditional Cuban sandwich, Viv's sweet chili-basil chicken salad, the Trio Basket – a basket of 3 traditional Brazilian 'cheese breads' served with a side of garlic butter. Yum.



The Yardarm

48 South Orleans Road, Orleans, MA 02653

☎: (508) 255-4840 ~ www.yardarmrestaurant.com

Lunch and Dinner



Every town has one... a neighborhood gathering place where friends meet for a drink, some conversation and conviviality, where upon entry you're greeted with a smile and a thanks for coming, and where, when you get hungry, a table is waiting and the food is solid, as is the service. In Orleans, this is that place – The Yardarm. Since 1972, it's been the spot on Outer Cape Cod where friends meet and friends are made. Local color abounds, from fishermen to physicians, tradesmen to tourists, all rubbing elbows at the bar and extending conversation from table to table while the Red Sox or the Patriots appear on our many TVs. The Yardarm offers an extensive menu of local seafoods, chowders and soups, steaks and burgers. Every day the Specials Board goes up with even more offerings to tempt you with appetizers and finger foods, the day's fresh catch right off the boat, the burger of the day, the lunch specials and much more.

Zia Pizzeria & Cafe

210 Main Street, Windmill Plaza, East Orleans, MA 02643

☎: (508) 240-1442 ~ www.ziacapecod.com

Breakfast, Lunch, Dinner and Take-Out



Owners Diane Brown, and Heather and Brittany Woodward provide patrons a wonderful artisan pizza in many varieties. But this isn't just a pizza parlor as their homemade soups, sandwiches, light dinner entrees and bakery items are equally delicious. Wine and a variety of beers are also available and they have recently opened in the morning with a new breakfast menu.



Ice Cream

While the average American consumes a scant 23.2 quarts of ice cream annually we can assure you, those that visit the Cape have a count slightly higher. We live for ice cream and have included some of our favorite spots. Close your eyes, savor the creamy sweetness, seek refuge from the heat in its cold comfort. Ah, what a heavenly creation.



Ben & Jerry's

Route 6 and Brackett Road, North Eastham, MA 02651

☎: (508) 255-2817 ~ www.facebook.com/bjnortheastham



Just a few minutes over the Orleans line to North Eastham and you'll find B & J's. You all know it. It's great and never disappoints.

Emack & Bolio's

6A Oracle Square, Orleans, MA 02653

☎: (508) 255-5844 ~ www.emackandbolios.com



Yum, sometimes the simplest utterances most appropriately convey a sentiment. Emack claims it's the ice cream store for the connoisseur. We agree. In addition to their terrific flavor combos they have health bar drinks, energizers and revitalizers, fruit smoothies, and a full gourmet coffee bar.

Sundae School

210 Main Street, East Orleans, MA 02653

☎: (508) 255-5473 ~ www.sundaeschool.com



Homemade ice-cream makes this a huge favorite of locals and visitors alike. If you have to be sent to school while on vacation, we recommend Sundae School.



The Ice Cream Café

6A @ Route 28, 5 South Orleans Road
Orleans, MA 02653
☎: (508) 240-0003 ~ www.icecreamcafe.com



The massive sign announcing the home of the Ice Cream Café signals the depth of selection and creamy deliciousness that is a hallmark of this little shop, rather than its physical size. The interior's whimsical design is reminiscent of a time past.



The ice cream flavors are a welcome mix of traditional favorites and exotic wonders. Choose from fresh cutting edge indulgences like ginger, coconut, and mango, or for those with an intense sweet tooth select from the likes of cake batter, cotton candy or almond joy. At your request they happily mix candies and treats into any flavor you choose. Fruit smoothies, blended ice cream frappe's and shakes and a coffee bar are among the liquid delights. Indulge.

The Local Scoop

34 Route 6A
Orleans, MA
☎: (508) 255-0101 ~ www.facebook.com/TheLocalScoopCapeCod



Frozen Yogurt and Ice Cream Shop featuring make your own sundae masterpiece, then weigh and pay. Also offering smoothies, frappes and ice cream cakes. Want something a little less chilly? They also offer crepes (Nutella Banana, Cinnamon Sugar, Pizza, Egg & Spinach, Egg & Bacon), Quesadillas, Belgian Waffles, Coffee and Tea. Come and stay a while.



Shopping





Shopping

It happens to us all we've planned for weeks, perhaps even months. We've arranged our outfits, shopped for just the right clothes and accessories, had the tennis racket restrung, purchased every conceivable SPF product on the market, and packed the car so that not one square inch is underutilized. So how is it possible you've forgotten your favorite sun-dress, a beach bag to lug it all down to the water, your husband's only blazer, or all of the above. In our excitement sometimes things just get left behind, and if they don't feel free to use any of the aforementioned items as an excuse to visit our lovely shops. You are sure to find a remembrance of your trip fitting of your personal style and interests.

The Artful Hand

459 Main Street, #B, Chatham, MA 02633

☎: (508) 945-5681 ~ www.artfulhandgallery.com



Hand crafted jewelry, fine art, furniture and unique decorative pieces for your home are the specialty of The Artful Hand. Artists are selected for their careful attention to detail and graceful execution of their chosen specialty. The store offers much to attract the eye, and tempt even the most frugal shopper. If you have a long list of weddings to attend consider the items here. Though they aren't likely to appear on a register, their beauty will be appreciated and remembered. Can you say that about your 108 piece set of china?

Snow's

22 Main Street, Orleans, MA 02653

☎: (508) 255-0158 ~ www.snowshomeandgarden.com



This department store is an Orleans institution. It's been said "If Snow's doesn't have, you don't need it". Snow's has all your needs for home and garden and more. You can find the perfect gas grill, have the tank filled and outfit your patio with all the outdoor furnishings your swath of land will hold. Cape Cod keepsakes abound, authentic coastal maps will help you navigate local waters, and for those less nautically inclined they make great decorative backdrops. One of the more notable features of Snow's are the trains. A most spectacular display of toy trains, race around two expansive tracks captivating young and old.

Homegrown Trades

82 Route 6A, Orleans, MA 02653

☎: (508) 896-1303 ~ www.homegrowntrades.com



Homegrown Trades Boutique is a curated mix of women's clothing and accessories for the wild free adventurous spirit. We also carry a fun unique line of home and baby gifts and accessories. We carry products that are either made in the USA, are sustainably produced, are handmade locally or by fair trade companies, and support great causes whenever possible!

Oceana

1 Main Street

Orleans, MA 02653

☎: (508) 240-1414 ~ www.oceanacapecod.com



It's a gift shop, it's an art gallery, it's ah, a tad overwhelming but in a good way. With so much to choose from it is no wonder you're not sure where to look next. This shop is packed full of potential keepsakes, gifts, culinary delights, and decorative baubles. It's first on the list for wedding gifts if the bride and groom have some connection to the Cape and Islands. The gold leaf Sperm Whales, Cod Fish, and scallop shells are stunning and reasonably priced. Made to stand up to all weather conditions they make lovely markers for the couple's entry. The jewelry is unique and Sales Associates are quite knowledgeable about the artists. Their culinary corner provides great party ideas, dip mixes, condiments, cocktail accompaniments; big picture books that make it all seem easy to throw together cocktails and brunch in your outdoor garden for 25 on a Sunday morning. Who are those people? Do they really exist? One final note on Oceana, if you are worried about getting gift wrap, cards, tape and ribbon, worry not, they'll do it for you and it's a stunning presentation. You won't be tempted to re-wrap it yourself later. Trust us.



Stephen Gallant Jewelers

34 Main Street

Orleans, MA 02653

☎: (508) 255-2944

www.gallantjewelers.com



Voted best jeweler on the Lower Cape this simple, unassuming jewelry store has the finest quality stones, represents some talented designers and makes and sells handmade Cape Cod charms and watches. These pieces in particular make great groomsmen and bridesmaids gifts, or mark a special occasion for those that can't seem or don't want to.... get the sand out of their shoes. They also sell rope bracelets and we don't mean those made of rope. These gold and silver nautical bracelets are eye catching. So if you've graduated from wearing the famed summer bracelet until it squeezes the life out of your wrist, has turned a grungy brown, and you've noticed that folks no longer want to sit next to you – cut the strings and graduate to a whole new level. Your friends and family will approve.

Main Street Wine and Gourmet

42 Main Street, Orleans, MA 02653

☎: (508) 255-1112 ~ mainstreetwineandgourmet.com



The store offers a wide selection of wines and beers from around the world, personally selected by proprietors Heather Tarter and Bob Shortsleeve. They strive to present customers and friends with opportunities to try new tastes and styles, as well as supplying everyday wine and gourmet food needs. A wide range of gourmet foods adds another important dimension to the store, including cheeses, pâtés, chocolates, olive oils and vinegars, jams and sauces, cookies, crackers and much more. Rounding out your shopping experience is an elegant selection of table top gifts and beverage accessories. Pre-selected or made-to-order gift baskets and food platters are also available.



Honey Candle Co.

37 Main Street, Orleans, MA

☎: (508) 255-7031

www.honeycandle.com



Walk into Honey Candle Store and the earthy fragrance of beeswax surrounds you like a warm blanket on a chilly night. Candles of every shape and size give the place a festive look, no matter what time of year it is. In the workshop behind the candle space, Agostino Di Bari plies his craft with the skill and enthusiasm of an old world candlemaker. He designs and builds the molds into which the hot beeswax is poured to create various shapes, and carefully removes the hardened wax after it cools. He also makes tapers by delicately dipping them into metal pails of wax until the desired thickness is achieved. All around the work space formed tapers hang to dry, emitting a lovely fragrance of beeswax. This is the place to buy the perfect hostess gift or to replenish your candle supply.

Left Bank Gallery

8 Cove Road, Orleans, MA 02653

☎: (508) 247-9172 ~ www.leftbankgallery.com



Art, sculpture, prints, jewelry and American Crafts, make this gallery more than just a store with pretty pictures on the walls. If a pricey piece of art isn't in the budget this vacation there is no need to avoid Left Bank. They welcome visitors to browse in their sleek, contemporary, and well planned interior. Sales Associates are pleasant not overbearing, and you are likely to be inspired to stash away a few dollars here and there over the winter months for one of their serene seascapes or graceful sculptures. Visit their website for special events taking place year round.



If the Shoe Fits

47 Main Street

Orleans, MA 02653

☎: (508) 240-0970

www.facebook.com/IfTheShoeFitsCapeCod



Don't let the name fool you, though this store's impressive collection of shoes will make you swoon it's so much more than the name implies. Ceci Hadawar brings sass, panache and her own personal style to her selections. Handbags for evening, everyday and just for fun are priced so that you need not carry just one. Clothing is flirty, skirts are flouncy and tops have flare. Color abounds. Coco Chanel would have a field day with Ceci's accessories – whoever said "less is more" couldn't have been talking about fashion. (Actually he wasn't, he was referring to architecture, but if I know Mies van der Rohe I suspect his sentiment was all encompassing). That's neither here nor there, whether you slip into a skirt that will induce inexplicable happiness or an exquisitely elegant pair of suede pumps this store is a perfect "fit".

Eden Hand Arts

Route 6A @ the intersection of

Dr. Lord's Road and Sesuit Neck Road

Dennis, MA 02641

☎: (508) 385-9708

vst.cape.com/~rch/eden.html



Famous for the Cape Cod Screwball bracelet, if you've just got to have it, this is the only place to get an authentic one. Limited hours won't make leaving our little sand bar with your hot hands full of bracelets, for every Theodora, Deidre and Henrietta that ever celebrated a birthday, anniversary, baby birth or holiday in your life. We regret to inform you that if they want, or need, a necklace they will be required to visit Eden in person. Neck sizes vary - slope, angle, girth, so greatly it's impossible for them to custom fit without the neck, and frankly exhausting to think how much these folks know about necks. Pop in Wednesday through Saturday, May through September.



The Christmas Tree Shops

Route 6A @ Route 28, Orleans, MA

☎: (508) 255-8494 ~ www.christmastreeshops.com



I've been told that the clientele that visits the Ship's Knees Inn wouldn't be interested in shopping at the Christmas Tree Shops. Hogwash! We've stayed at the finest five-star hotels, the quaintest inns and a few ramshackle joints in between. Rich, poor, extravagant or frugal this store has something for everyone. It will either become your guilty pleasure or a boastful acclamation. If you like entertaining there is no end to the inexpensive party props required to set a scene, and why pay more, when you can pay less? From household cleaners, to food, furnishings, seasonal items and more, it amazes me still that the same items you can purchase elsewhere you can get here at a fraction of the price. I could get into an explanation of bulk buying and sourcing from China but that would bore you and the Christmas Tree Shop's are most definitely not boring.

Get there early or get there late, but don't get there in the middle unless you spent another lifetime as a sardine and harbor fond memories for the experience.





Nauset Sports

Jeremiah Square

6A @ the Rotary

Orleans, MA

☎: (508) 255-4742

www.nausetsports.com



We would be remiss in our duties as hosts if we did not include this action sports store. Just the right mix of beach fashions including; swimsuits, shorts, flip flops, hats, sunglasses, wet suits and ultra-casual sundresses. It also features sporting equipment from surfboards to tennis rackets. If you are not entirely outfitted with all the paraphernalia required for water sports and don't want to make the investment – they rent; surf boards, boogie boards, skim boards, kayaks and wet suits. The sales staff is young, energetic and make you believe that you're never too old to try something new, and "cool" comes from really living life.

Pump House Surf Shop

9 Cranberry Highway

Orleans, MA 02653

☎: (508) 240-2226 ~ www.pumphousesurf.com



If you were a Nike Trend Tracker you wouldn't need to circle the globe to find out what the hipster teenage set was donning to make a fashion statement, the Pump House serves up the crib notes in Surf Betty Style. Saying it's cool robs it of some of its edge, but the gear including high performance surf boards like Bic, Town & Country, Local Motion, Gordon & Smith, and Nezzzy give it right back. Rent or own, lessons offered at \$60. an hour, board, suit and sea included. You choose the flavor, brands include; Billabong, Old Guy's Rule, OP, O'Neil and Roxy, but don't cross represent, it's just disrespectful. Surf safe and wear protection – we recommend SPF 30.

Bookstores

Some vacations offer little time to sit back, relax and take in the scenery while others move at a pace that allows you to relax, revive and recharge your batteries. These are just the type of escapes that require a good book or two. If you are looking for a guilty pleasure, a real page turner that'll keep you up past your bedtime, an easy read to flip lazily through at the beach, or a new topic for discussion around the water bubbler back at the office check out these fine literary shops.

Booksmith/Musicsmith

136 Route 6A

Orleans, MA 02653

☎: (508) 255-4590 ~ www.facebook.com/BooksmithMusicsmith



While the book selection is limited, this shop is one of the few locations in Orleans you can pick up some music compact disc's. They carry a nice selection of pop and rock. What CD will you choose for the soundtrack to your vacation?

Main Street Books

41 Main Street

Orleans, MA 02653

☎: (508) 255-3343 ~ www.mainstreetbooksonline.com



First in a row of attached houses that now are home to businesses, these buildings scream quaint village center. The bright blue awning, potted geraniums, and an inviting wooden bench flank the façade and set a welcoming stage for the story that unfolds within. Books are cleverly displayed on custom built shelves that clearly highlight their best feature – the face rather than the binding. Among the books are placed items of interest, an old Corona Typewriter, a beautiful doll and a unique toy that add to the charm of the store. There is an order that exists here that is missing from the super stores with shelves so thick with books one has difficulty prying them loose for investigation and a trip from end to end requires running sneakers. Main Street Books has just the right scale and selection to engage and excite and none of the clutter to overwhelm.

Activities



Activities



If there is one thing we've learned as hosts, activity is an action word that is subject to substantial relativity. For one vacationer all the activity they are willing to commit to consists of waking, eating, shimmying into a swim suit and taking a leisurely stroll to the beach where they

wile away the day reading and tanning (please note both are action words). For others it involves a frenzied whirlwind of water sports, island hopping, Red Cedar Swamp tours, plays, baseball games, A - Z of the guidebook, and/or death or the end of the vacation, whichever comes first. OK, so we've learned more than one thing since we undertook this endeavor, the second one of import to this discussion is that we aim to help you tailor an experience that includes as much or as little activity as you desire. Here are our top 10 picks - not in order - do them all in a single day or one every time you come for a visit.

Academy of Performing Arts

120 Main Street, Orleans, MA 02653

☎: (508) 255-3075

☎: (508) 255-1963 – box office

www.apacape.org



Open year round the Academy sits atop a steep hill forcing you to crane your neck skyward in anticipation of the performance that awaits inside. This old house shines not from a gleaming coat of new paint, but from the bold characters that will captivate you from within, from the tales they will weave and the truths that will unfold. Productions include; drama, comedy and original works. Founded in 1975 the playhouse and school are intent on entertaining audiences young and old and in keeping arts education alive, available and affordable for local members of the community. Dance, theatre, music and art taught to children, teenagers, and adults. Thursday – Saturday at 8pm the house will cast a beacon of light welcoming you in, on Sunday's at 2pm, all the magic must be experienced inside the building – and experience it you will. Group rates are available.

Activities

Provincetown

Commercial and Bradford Streets

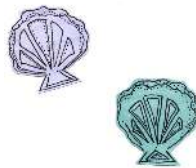
Provincetown, MA 02657

www.ptownchamber.com

www.provincetowntourismoffice.org



Provincetown welcomes diversity in age and sexuality, but will have none of it when it comes to retail and restaurants - there is nary a strip mall or chain restaurant in town. As the highway narrows from two lanes to one and you pass from Orleans into Eastham there is a shift in climate. Whole expanses appear untouched by time. Provincetown possesses the rare privilege, stake, and claim to the Pilgrims first landfall in 1620. As such it is home to the recently renovated and expanded Pilgrim Monument and Provincetown Museum which pays homage to this momentous event. The history of this seafaring town, it's natural beauty, artist community, and flamboyant entertainers make this relatively small expanse at the tip of the Cape a wonderful adventure with a surprise around every corner. Park your car and walk. The two main streets that run parallel to one another, Commercial and Bradford are ruled by pedestrians. Commercial is flanked with restaurants, galleries, inns and shops. While Bradford's buildings are primarily restored sea captains homes. Two Provincetown fixtures are The Crown & Anchor the premier entertainment venue in town with everything from a nightclub to cabaret and *Ciro & Sal's*, an Italian Restaurant where Chianti is poured from the bottle and then hung from the ceiling, how kitsch – I mean romantic. Founded by two local artists intent on eating while they were waiting to be recognized it became known as an artists haunt. If you are a people watcher, Provincetown will demand your rapt attention.



Activities

The Captain Penniman House at Fort Hill

11 Fort Hill Road

Eastham, MA 02642

Cape Cod National Seashore: www.nps.gov



This French Second Empire Style home whose architect remains unknown was built for Whaling Captain, Penniman in 1868 and is sited on 12 acres just up the road from the scenic out-look, Fort Hill. Remarkably preserved, this beautiful home remains largely in tact and as originally built. It was the first in the area that had an indoor bathroom with tub and spoke to the families substantial wealth accrued in the Whaling industry. An enviable home even benchmarked against contemporary standards. The woodworking, architectural details, massing and proportions all contribute to its stately elegance. The entry is marked by the bones of a whale jaw and pay homage to Penniman's seafaring prowess.

Just a short walk down the road and up the hill you will find the 100 acre parcel known as Fort Hill. A breathtaking expanse of nearly untouched ocean front property offers sweeping views of Town Cove and the Atlantic beyond, walking trails through Nauset Marsh, and Red Maple Swamp make one feel as if they've been placed on a movie set, rolling hills of long grass dance in the gentle breeze, wild flowers with all their fragrant intoxication abound. Bird watchers will find the sublime beauty of the Great Blue Herons magical. Sunset, sunrise or mid-day this magnificent spot is simply enchanting.



Activities

Antiquing Along 6A

Route 6A

Yarmouth – Orleans, MA

How far you go is up to you. This stretch of the Cape along 6A referred to as the Bay side is known for an abundance of antique shops. They range in style, feel, and offerings covering a full spectrum from the tiniest trinkets, costing a dollar or two, to ancient furnishings. Remember your 10th grade European history. It plays a big role here in furniture – every King and Queen from Elizabeth to all those Louis' will be well represented. Not intent on giving European Royalty a bad rap – they certainly didn't think any more of themselves than the Pharos or the Czars and have ample home design pieces for posterity to prove it, they just aren't as heavily showcased on 6A. Dig in and get dirty on your treasure hunt or browse those stores that employ a full time duster. The history when you think about it....incredible.

Cape Cod League - Orleans Firebirds

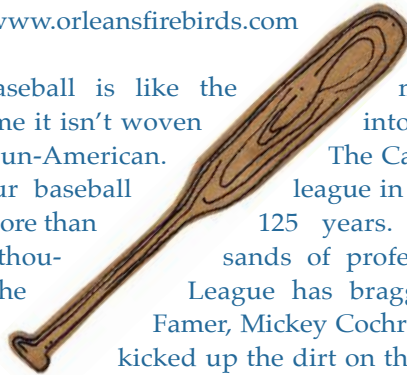
84 Route 28

Orleans, MA

☎: (508) 255-0793 ~ www.orleansfirebirds.com



Summer without baseball is like the movies without popcorn. Don't tell me it isn't woven into the fabric of your sole – it's just un-American. The Cape Cod League is the oldest amateur baseball league in the nation with a history that spans more than 125 years. A stomping ground for literally thousands of professional players from its inception, the League has bragging rights for such greats as Hall of Famer, Mickey Cochrane. 250 current major leaguers that kicked up the dirt on the Cape include: Jacoby Ellsbury, Kevin Youkilis, Mark Teixeira, Buster Posey, Evan Longoria, Tim Lincecum and Matt Harvey. Come sit, breathe in the sweet scent of freshly cut grass, appreciate day turning to dusk, and glimpse Major League hopefuls. You'll know you aren't at Fenway Park because there's no "green monster" and the price of admission is... FREE, that's right, you heard me.



Activities

Sunset at Rock Harbor

117 Rock Harbor Road
Orleans, MA 02653

An active commercial fishing and charter boat locale, this scenic outlook is great for people watching too. Despite the activity presented by boats arriving and departing, fisherman unloading their catch, giving the boats a wash-down or playing a hand of poker with a few friends and a cold beer after a long day on the water there is a serenity to this place. We recommend a visit to Young's Fish Market, tucked away near the rear of the pier for a made to order lobster roll. Grab a drink and some chips and relish the goodness of the lobster presented without the distractions of fancy spices or garnishes. The rock wall is a nice spot to perch and watch in amazement as the sky turns from blue to a rich palette of vivid hues. If you are bothered by a bug or two and prefer to avoid el fresco dining, stop in at Cap't Cass next door. Bring cash and a bottle of your favorite wine or beer, no credit cards are accepted, and don't bother phoning – they don't have one. Like Young's, Cap't Cass isn't fancy, but seafood is fresh, reasonably priced and it's fun.

Wellfleet Drive-In Theatre

Route 6 on the Wellfleet Line
Wellfleet, MA

☎: (508) 349-7176 ~ www.wellfleetcinemas.com



Remember the days when the magical mystery of the big screen would leave you wide-eye with glee and the concept of pulling oneself away from the computer long enough to sit through a double feature didn't even exist. Whether you can't imagine what your parents did in the old days before computers existed, or you're re-visiting this retro form of entertainment after a lapse in decades, the 100' x 44' screen set against a backdrop of stars you won't see in any city or suburban neighborhood, will impress you. Double features run each evening when the sun goes down from late April through October. A playground and snack-bar will keep you occupied and pleasantly full before the show starts.

Activities

Provincetown Whale Watch

Provincetown, MA

www.whalewatch.com

www.ptownwhalewatch.com

www.seasaltcharters.com

www.ptownchamber.com

www.provincetowntourismoffice.org



Whale watching has become a favorite past-time for summer visitors. The sheer size, some weighing as much as 40 tons, and gentle, playful, nature make these endangered mammals a site to behold. Leaving from Provincetown Harbor off the coast of Cape Cod Bay, the adventure begins. You can expect to see such species as the North Right Whale, the Humpback Whale, the Finback Whale, and the Minke to name a few. Other species commonly seen include; seals, dolphin, tuna and many indigenous fish such as the cod, and flounder. The experience is educational and exciting and has been known to please children... of all ages.

Nauset Beach Sunrise

5 Beach Road

Orleans, MA

www.nausetbeach.org



I could use a lot of flowery language to explain this experience, but none of it would appropriately convey the feelings you will take away upon seeing the sun peak up on the horizon over the Atlantic Ocean. The early hour, fumbling around a darkened room for shorts, sweat shirt and sandals, the walk that seemed so short yesterday, but now is endless, sand in your shoes, the dew that blankets everything, and then the moment of awe. Probably put best by JFK when he said, "We're not trying to put a man on the moon because it's easy, we're trying to put a man on the moon because it's hard". The hard is what makes it good. Getting there is hard, but the memory is heightened by the effort.



Activities

White Cedar Swamp Walk

Off Route 6 – Access via Marconi Site Parking Lot
South Wellfleet
Cape Cod National Seashore
Wellfleet, MA ~ www.npca.org



Part of the National Seashore this trail is well structured with its boardwalk and signage alerting you to strange and beautiful vegetation. Named for the White Cedar trees that densely dot the landscape arranged like pick-up-sticks rather than in straight even lines, standing tall and reaching up to the sky. This has the effect of leaving portions of the trail in complete darkness, adding to its mystery. Accessed through the Marconi Site Area, named for the Italian inventor famous for completing the first wireless communication between the U.S. and England in 1903, the area was selected for the steepness of the site and barren nature and has maintained its state of natural beauty with sweeping views of Truro to the North and Eastham to the South. Though the trail is only about a half mile long, navigating the winding path and areas of soft sand slow ones pace, ensuring ample opportunity to take in the natural wonder.

Cape Cod Rail Trail

Biking on the Cape Cod Rail Trail
Dennis to Wellfleet ~ www.mass.gov/dcr
☎: (508) 896-3491 (Nickerson State Park)



The Cape Cod Rail Trail follows a former railroad right-of-way for 22 miles through the towns of Dennis, Harwich, Brewster, Orleans, Eastham and Wellfleet. If you look carefully as you ride along the trail, you can still see occasional relics of the Cape's rail days. Its paved surface, few hills, and well-marked automobile crossings make it ideal for cyclists. The trail has a wide unpaved shoulder on one side to accommodate horseback riding, walkers, and runners.

There are many opportunities to get off the trail and visit a beach. Food and water are also readily available and public restrooms can be found at Nickerson State Park, Salt Pond Visitors Center at Cape Cod National Seashore and the National Seashore Headquarters.



Maps of the Rail Trail are available in the Office.

Golf



You've got your golf bag with that one lucky club, a fresh sleeve of your favorite balls, and the memory of that one last perfect swing that shot straight down the fairway like cupid's arrow trained on an unsuspecting lover. Well it's like an aphrodisiac - that one shot out of 97 makes you fall in love with the game all over again. Hitting the links on the lower Cape can be challenging because sea breezes ensure that no two days on the course are alike. If you find yourself on the beach shrug it off, that's where folks are expected to be when they're on the Cape. There exists an affirmation that unraveling the complexities of the game has worth and that the true character of man can be determined by his conduct on the green. Wherever you stand, don't forget to bend at the knees. The Annual Golf Guide is available in the Office.

Dennis Pines

Off Route 134, East Dennis, MA 02641

☎: (508) 385-8347 ~ www.dennisgolf.com



This worthy 7,100 yard course may offer a little something for everyone but some of the old codgers that frequent it expect a high level of play and professionalism from those that visit. So enjoy all 18 holes by foot or cart and practice your golf decorum by keeping a respectable pace. Spend a little time practicing on the putting green. Remember a long drive will impress them, but a great putt will silence them. This course is open year round and is one of the more popular. In season, book your reservations a minimum of four days in advance.

The Captain's Golf Course

1000 Freeman's Way, Brewster, MA 02631

☎: (508) 896-5100 ~ www.captainsgolfcourse.com



In true nautical form this fine golf course has Port and Starboard 72 par courses. That's right two courses. The Port Course will challenge you in more ways than one - prepare for a little local history in the form of holes named after Brewster Sea Captains. A driving range, lessons and clinics taught by PGA certified professionals make this public course one of the most favorably rated. If you're brave enough to admit you have a problem and further consent to getting help - that is coaching... heed the words of the late renowned golf pro Harvey Penick on making adjustments in moderation. "When I ask you to take an aspirin, please don't take the whole bottle."

Golf

Ocean Edge Golf Club

Route 6A, Brewster, MA 02631

☎: (508) 896-5100 ~ www.oceanedge.com



Ocean Edge is the site of the former Nickerson Mansion. A fitting representation of Gothic Renaissance Revival Architecture perched atop a perfectly manicured expanse of rolling green that will cast you back in time to that gilded age of grandeur and carefree opulence that was a hallmark of that champagne cork popping time – if only in your minds eye. But I digress – golf does indeed take place on this most auspicious site. Believe it or not some guests come just for the golf and for their well publicized golf school. The championship caliber course includes 18 holes and is 72 par. The course is spikeless so leave your studs at home. You'll figure out how to leave your mark some other way.

Cranberry Valley Golf Course

183 Oak Street, Harwich, MA 02639

☎: (508) 430-7560 ~ www.cranberrygolfcourse.com



Cranberry Valley is all about Cape Cod, replete with bogs, kettle holes, scrub oaks and a welcoming staff whose motto is: "When you tee it up, the course is yours. Enjoy it! 18 Holes, Par 72.

Highland Links Golf Course

10 Highland Light Road

North Truro MA 02652

☎: (508) 487-9201 www.trurolinks.com



Heralded as "America's Oldest Links Course", and perhaps Cape Cod's most scenic, the Highland Links in North Truro is one of America's golf treasures, perched high along wind swept bluffs overlooking the Atlantic next to the vintage Cape Cod Light. Founded in 1892, Highland recently celebrated a hundred years of golf. More than significant than its age is Highland's heritage; circumstances keep it a genuine links, as close to the Scottish tradition found anywhere in the eastern United States, with deep natural rough, Scotch broom, heath, non irrigated open fairways, and spectacular ocean views. 9 Holes/18 with two separate tee times.



Seasonal Happenings





Seasonal Happenings

Because Cape Cod isn't just for summer anymore there's plenty to do year round. The last several decades have shown a substantial increase in the number of families that have purchased a second home in one of the Cape's towns. This increase coupled with their desire to get the most out of their property and the experience has impacted year round activity. No longer does the Cape open for business just Memorial Day through Labor Day. First class restaurants, shops and special, seasonal activities and festivals abound. Some fall, winter, and spring events that will keep you engaged until summer rolls around once more.

**Please visit the Events page on our website for a complete listing of events from April through December:
www.shipskneesinn.com/cape-cod-events**

April

Wood's Hole Model Boat Show

Wood's Hole Museum

579 Wood's Hole Road, Falmouth, MA

☎: (508) 548-7270 ~ www.woodshole.org



There's nothing like Paris in the Springtime. A stroll down the Rue de Rivoli, a glance in the direction of a French woman that carries her seemingly effortless style with silent elegance, the Louvre in all of its overwhelming grandeur, and the Luxembourg Gardens with all the magnificence that comes with the purposeful placement of every flower, fern and bush, accented by miniature ships dancing in the fountain. Hold it...wrong place. Woodshole possesses its own allure and need not pine away for the fountains of Luxembourg G., vintage yachts from the 30's dot the surface of Eel Pond where first place in this motorized Regatta is awarded to the Captain with the best reflexes and of course the fastest boat. Indoors you can enjoy large scale boat models. The event takes place late in April.

April

Annual Daffodil Festival

Nantucket Island

www.daffodilfestival.com



The last weekend of April, the Nantucket Island Chamber of Commerce holds their annual Daffodil Festival - a weekend of events to celebrate springtime awakening on Nantucket Island. The first occasion, a very simple affair in the 1970s, included an antique car parade in which islanders showed off their classic cars, followed by a community tailgate picnic in 'Sconset.

Now, decades later, the Daffodil Festival on Nantucket includes art shows, tours, parades (including the antique car parade and tailgate picnic), exhibitions, contests, lectures, and, of course, the annual Nantucket Daffodil Flower Show. There are activities for all ages, and faithful festival-goers dress up for the occasion and participate enthusiastically! The Nantucket Island Chamber of Commerce organizes a Daffy Hat Contest, a Children's Parade featuring decorated bikes, strollers, wagons, and other self-propelled vehicles, the Antique Car Parade, a window decorating contest, the famous Sconset Tailgate Picnic, a Family Picnic at Children's Beach, and more! The Pine Woods Morris Dancers often perform throughout the day at various locations.

May

Brewster in Bloom, Brewster, MA

☎: (508) 896-3500

www.brewster-capecod.com/brewsterblooms



Isn't the daffodil such a happy flower. If you've ever had an opportunity to spend a winter on the Cape you understand the daffodil is to a Cape Codder what the Olive branch was to Noah. More than 100,000 daffodils sway in a gentle breeze, re-affirming the notion that winter does come to an end and is replaced by spring and summer. Naturally there is celebrating. People sing, dance, shout, shed a tear of relief, golf and participate in a number of activities that are expressions of their excitement and gratitude. This all takes place the first weekend in May.



May

Cape Cod Maritime Days

Various Towns Throughout the Cape

☎: (508) 362-3828

www.ecapechamber.com/MaritimeDays



During the middle of May you have a rare opportunity to peak behind the scenes and see what it feels like to be inside the lighthouse looking out, to cloak yourself in the solitary existence of this revered protector of seafaring folk, to tour sea captains' homes, and to investigate the inner workings of a modern day coast guard station. The Cape's nautical history is expansive and fascinating. It tells the story of glory and hardship, of invention and legacy, of calm seas and natural disasters. It's a history of perseverance and passionate commitment. This event takes place mid-May, so step back in time by starting the season a little early.

September

Bird Carver's Festival

Cape Cod Museum of Natural History

Route 6A, Brewster, MA

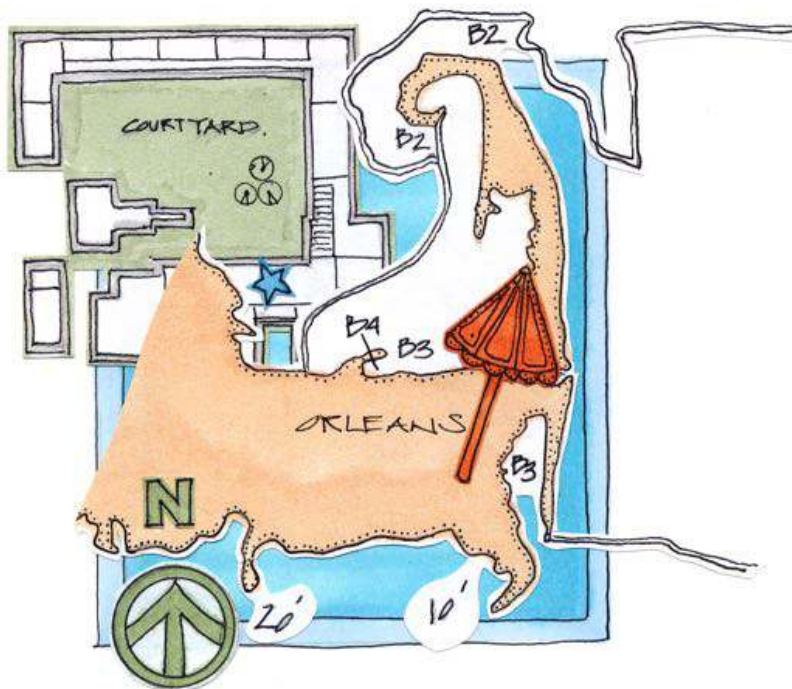
☎: (508) 896-3867 ~ www.ccmnh.org



Typically held the third week in September this festival is put on each year to raise funds for the Museum. Come see decoys and miniatures – a decoy is a life size bird or duck carved of wood and used for hunting. A miniature is well – a small bird. These wooden beauties are gracefully painted with painstaking accuracy to trick live birds into co-mingling, and when they least expect it – well you get the picture, señora chickadee. Due to their artful execution they have become collector's items. Sure it starts innocently enough with one or two birds, but some people have whole rooms dedicated to their miniatures. Come see carving demonstrations and take a walk on the nature trail. If you're thinking of picking up the habit, we suggest a Sandpiper.



Shipboard Information and Amenities



Shipboard Information & Amenities

In an effort to answer some of your technical questions we've compiled some information people commonly ask about. If you don't find what you're looking for here or still require additional assistance, please come see us at the front desk. We are here to assist you in making your visit a pleasant and enjoyable one.

Office Hours

The Inn is open from early April until just after the New Year. The office hours are 8am to 7pm daily. During these hours the office is staffed. If, however, we are away from the desk, a telephone number will be available for urgent requests.



During the off season (January - March), the office is open from 9:00am to 5:00pm.

Check-In: Daily from 2pm to 7pm

Check Out: No later than 10:30am

Housekeeping: Maid service is available from 9am to 1pm daily.

Wireless Internet Access

All guest rooms, common areas and most exterior areas of the inn property have wireless access.

Access Network is "SKIGUESTWIFI"

Password access is required and is "skinauset"

Ice Machine, Microwave and Water Cooler

Located at the foot of the rear stairs at the entry to the breakfast room.

Non-Smoking

The Inn is a non-smoking facility. This is also mandated by the Orleans Board of Health and amendments effective 11/1/2016.

Credit Cards: MasterCard, Visa and Discover cards are all accepted at the Inn.

Mail Drop and Stamps

Mail for post can be left at the front desk. Stamps are available for purchase.

Fax Machine

The Inn's Fax number ☎: (508) 240-1351



Shipboard Information & Amenities

Parking

Guest parking is located in the large parking area to West side of the inn. 15 minute temporary parking by signage is permissible to the left of the Office entry on the East side of the property.

Continental Breakfast

This lighter small plate breakfast option is served daily from 8am-9:30am in the breakfast room, and the selections vary daily. In addition to coffee, tea and juices, our buffet offers items such as Swedish creme, overnight oats, baked eggs, breakfast salads and quiches, muffins, scones, cereal, fresh fruit and yogurt. If you desire a wider selection or hot full breakfast, please see our Dining Section for a list of our favorite full service breakfast haunts.

Emergency Telephone Numbers

Innkeepers' After Hours Emergency Numbers:

☎: (508) 801-4107 cell

☎: (508) 255-7827 home

EMERGENCIES: Ambulance - Fire - Police ☎: 911

Area Maps, Visitor Guide and Magazines

A map of Orleans is available in the Inn Office and can also be found in the Orleans Visitor Guide. Copies are available in the Office and breakfast room.

Activities

For local and around the Cape things to do check out our "What's Happening Board" in the Breakfast Room that includes our Ship's Knees Inn Suggested Activities List.

Small Library/Book Exchange

Located next to the ice machine in the area off the breakfast room is a varied assortment of books that you're welcome to read during your stay, and if you don't finish take with you. Likewise, books that you might have brought and completed reading are most welcome to be added to the library. Thanks

Shipboard Information & Amenities

Fire Pit - The fire pit is located in the courtyard garden patio. Due to its proximity to other guest rooms we limit the hours of operation to early evening (or just before dusk) until 10:00PM. As it is fired with natural gas we ask that guests not tamper with its operation.

Swimming Pool and Towels - The pool is open daily in season from 9:00AM until dusk. Towels are provided for your use at poolside. Please do not remove towels from the pool area: place used towels in the “used towels” basket. If a beach towel isn’t available in your beach bag, don’t fret – we have some extra beach towels available in the office for your use.

Beach Chairs, Umbrellas and Boogie Boards - Are available for guest use and located on the office side of the property on the opposite side of the stockade fence bordering the small breakfast patio.

Board Games, Card Games and More - A variety of board, card and outdoor games are available and can be found in the black buffet cabinet in the breakfast room.

Hair Dryers, Irons and Ironing Boards - Hair dryers are located in each bathroom in a black pull string bag. Irons and ironing boards are available upon request.

Questions and Concerns - Questions are always welcome. Though we can typically answer most questions asked, if any arise that we can not immediately answer, we will work with guests to find the answer. While we make every attempt to maintain the property and keep everything in good working condition, problems sometime arise. Please bring to our attention any issues in the rooms or grounds as soon as you become aware of them.

Lost and Found - Please check your room carefully before your check out to be sure you have all of your personal possessions. Items found that have not been claimed and can not be traced will be disposed of after 30 days. If you request that we return any items you left behind, there will be a \$20 service charge, plus the cost of shipping.

Bike Rack - The bike rack is located on the far West side of the property in the grassy area between the driveway leading to our home and the long stone wall bordering our neighbor.

Shhhhh! - Please observe courtesy to other guests with no loud noise from 10:00pm to 8:00am.

Places of Worship

Church of the Holy Spirit – Episcopal
Orleans, MA

☎: (508) 255-0433 ~ deaneryweb.org/orleans

St. Joan of Arc – Roman Catholic
Orleans, MA

☎: (508) 255-0170 ~ www.joanarc.org

Community of Jesus – Church of Transfiguration
Orleans, MA

☎: (508) 255-6204 ~ www.communityofjesus.org

UCC/Congregational – Federated Church
Orleans, MA

☎: (508) 255-3060 ~ www.fedchurchorleans.org

Orleans Church – Methodist
Orleans, MA

☎: (508) 255-0622 ~ www.orleansumc.org

Christian Scientist
Brewster, MA

☎: (508) 896-5250

Nauset Baptist Church – Baptist
Eastham, MA

☎: (508) 255-2709 ~ www.nausetbaptistchurch.org

Brewster Baptist Church – Baptist
Brewster, MA

☎: (508) 896-3381 ~ www.brewsterbaptistchurch.org

Universalist – Unitarian
Brewster, MA

☎: (508) 896-4692 ~ www.firstparishbrewster.org

Cape Cod Synagogue – Jewish
Hyannis, MA

☎: (508) 775-2988 ~ www.ccsynagogue.org

Church of Jesus Christ of Latter Day Saints
Brewster, MA

☎: (508) 896-9863 ~ www.mormon.org

Ship's Knees Inn

186 Beach Road ~ Post Office Box 756

East Orleans MA 02643

508-255-1312 ~ Fax 508-240-1351

www.shipskneesinn.com ~ info@shipskneesinn.com



Guest Information Guides are Available
for Purchase in the Office

© 2007-2017 Ship's Knees Inn
July 2017 Edition